Our Reach

Total participants in 2016 (42,792)

- Ghana: 30,322
- Nigeria: 435
- Kenya: 7,392
- Pakistan: 3,061
- Nepal: 403
- India: 340
- China: 680
- Laos: 159

Total people reached (686,394)

- Affected people: 42,792
- Carers: 34,427
- Family members: 142,497
- Total participants: 219,716

Participant breakdown

- Affected people: 42,792
  - Adults: 75%
  - Adolescents: 8%
  - Children: 17%
- Male: 52%
- Female: 48%

Impact – 4 Key Indicators

- Had access to treatment (baseline 58%): 78%
- Reported reduced symptoms: 57%
- Were able to work (baseline 67%): 73%
- Were in community groups (baseline 17%): 62%
Key Activities This Year

- **Countries (data collected)**: 8
- **Districts/Counties delivering programmes**: 135
- **Partners**: 88
- **BasicNeeds & partner staff trained**: 133
- **Health personnel & community workers trained**: 2,574
- **Field consultations conducted**: 83
- **Home visits completed**: 6,484
- **Outreach clinics & camps conducted**: 323
- **Participants trained**: 8,903

Self-Help Groups

- **626** SHGs
- **16,455** Affected people in SHGs
- **12,554** Carers in SHGs
- **44%** Male
- **56%** Female

Implementation Cost Analysis

In 2016, the average cost of implementing the BasicNeeds Model per person, per month was **£11 (US$14)**.

**Cost break-up per Module:**
- Capacity building: 49%
- Community Mental Health: 16%
- Livelihoods: 20%
- Research: 9%
- Collaboration: 6%

Policy 2016

**Kenya**: The Kenya Mental Health Policy (2015 – 2030) was launched in May 2016. BasicNeeds was delighted to contribute to policy development by providing evidence generated through our work in Kenya over the past 11 years.

**Nepal**: The new draft constitution of Nepal includes a specific mention of people with mental illness. As part of the Nepal Mental Health Network, LEADS (BasicNeeds’ partner) played a key role in advocating the needs of people with mental illness.

**Ghana**: BasicNeeds Ghana was invited by the National Insurance Authority to review the National Health Insurance Scheme. BasicNeeds Ghana along with the Alliance for Mental Health and Development submitted a position paper which advocated the inclusion of mental health in the National Health Insurance Scheme for effective mental health funding in Ghana.

**Sri Lanka**: The national Human Rights Action Plan (2017-2021) is being drafted and a separate chapter was recommended to identify the needs of people with disabilities. BasicNeeds was invited to be part of the sub-committee producing the chapter on “Rights of people with Disabilities”.

Knowledge & Media 2016

**Study**: Scaling-up treatment of depression and anxiety: a global return on investment analysis. [Click here](#) for more details.

**Journal article**: Service-user and caregiver involvement in mental health system strengthening in low – and middle-income countries: systematic review. [Click here](#) to read.

**Interview** (Al Jazeera): Is mental health care being neglected. [Click here](#) to watch.

**Radio** (BBC Radio 4): Healing in Ghana. [Click here](#) to listen about BasicNeeds Ghana.

**Blog article** (Virgin Unite): Changing a nation’s perspective on mental health. [Click here](#) to read.

**Blog article** (Skoll.org): Investment needed to fixt the mental health crisis. [Click here](#) to read.

For all the latest news & updates, visit [http://www.basicneeds.org/news/](http://www.basicneeds.org/news/)

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